



# 'Ko te ako te maneatanga' 'Hooked on Learning' Panui / Newsletter Term 2, Week 1



## Celebrating The Opening Of Our New Senior School Playground!

Welcome back to term 2! What an exciting way to start the term! We are thrilled to announce the official opening of our brand-new senior school playground! This exciting addition to our school has been years in the making and is designed specifically for our Year 4–6 students.

Designed, created and installed by the experts, Playground Creations, the equipment encourages coordination, upper body strength, stamina, and safe risk-taking—supporting active play and physical development in a fun and challenging way.

This incredible project would not have been possible without the generous support of our community. We extend our heartfelt thanks to our amazing PTA for their hard work and fundraising efforts, as well as to the Lion Foundation, Grassroots Trust Central Ltd, NZCT, and Pub Charity Ltd for their generous grant funding. We also acknowledge the foresight and commitment of our Board of Trustees, who have carefully put aside funds over many years to help bring this project to life.

We are so proud to see our students enjoying this vibrant new space—a true celebration of community working together for our tamariki.





# Taupo Primary School Health Curriculum / Overview Consultation 2025

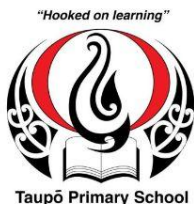
It is a requirement for schools to give opportunity for feedback on the Health Programmes / Health Curriculum that is used.

As part of the review process of our Health Programmes and approaches, we encourage you to consider the attached overview of our programmes and invite you to provide feedback, suggestions or comment for the team to consider in the review process.

Below is the draft Curriculum Overview that is currently under review.

The link at the end will take you to a very basic google form to complete should you wish to provide any feedback for consideration.

Thank you for your time and consideration in this matter.



## **‘Ko te ako te maneatanga’ ‘Hooked on Learning’ Taupō Primary Health and Physical Education Overview**

Statement
At Taupō Primary School we are committed to empowering students, to develop the knowledge, understandings, skills, and attitudes they need in order to maintain and enhance their personal well-being / hauora, safety and physical development.
Priorities
<ul style="list-style-type: none"><li>• Students will participate in regular skill-based physical activities.</li><li>• Students will develop motor skills, coordination, knowledge and understandings about movement, and develop positive attitudes towards physical activity and its importance to physical health and well-being.</li><li>• Students will develop understandings, skills and attitudes that enhance their interactions and relationships with others and develop resilience and a sense of personal and social responsibility.</li><li>• Students will contribute to healthy communities and environments by taking responsible and critical action to promote personal, interpersonal and societal well-being.</li></ul>
Health and Physical Education in the New Zealand Curriculum
<p>Health and PE is one of the eight essential learning areas. It is a compulsory subject until the end of Y10. There are four strands:</p> <ul style="list-style-type: none"><li>• <b>Personal health and physical development</b>, in which students develop the knowledge, understandings, skills, and attitudes that they need in order to maintain and enhance their personal well-being and physical development</li><li>• <b>Movement concepts and motor skills</b>, in which students develop motor skills, knowledge and understandings about movement, and positive attitudes towards physical activity</li><li>• <b>Relationships with other people</b>, in which students develop understandings, skills, and attitudes that enhance their interactions and relationships with others</li><li>• <b>Healthy communities and environments</b>, in which students contribute to healthy communities and environments by taking responsible and critical action.</li></ul> <p>There are seven key areas within Health &amp; PE:</p> <ul style="list-style-type: none"><li>• Body care and physical safety</li><li>• Food and nutrition</li><li>• Mental health</li><li>• Outdoor education</li><li>• Physical activity</li><li>• Relationships &amp; Sexuality education</li><li>• Sports studies</li></ul>
Below is an outline of the educators we use, the key activities we participate in and how we cover each area in the Junior School and the Senior School.

	Learning Opportunities in year 1-3	Learning Opportunities in year 4-6
<b>Body care and physical safety</b>	<p>Emergency Drill Education and Practices</p> <p>Sun Safe &amp; Smart School</p> <p>KOS- Keeping Ourselves Safe NZ Police Programme</p> <p>Digital Safety Training - John Parsons and NZ Police</p> <p>Water Safety - Part of Swimming Lessons</p> <p>Life Education Trust Swimming Lessons</p> <p>FireWise - NZ Fire Department Safety Training</p> <p>Road Crossing Safety - Ruben Road</p> <p>Safety Bear</p> <p>Hygiene - handwashing, sanitiser, nose blowing etc</p>	<p>Sun Safe &amp; Smart School</p> <p>Digital Training with Safety Education</p> <p>Bike Safety and Road Safety Lessons</p> <p>Biking with Bike Kids Taupō</p> <p>Emergency Drill Education and Practices</p> <p>KOS- Keeping Ourselves Safe NZ Police Programme</p> <p>Digital Safety Training - John Parsons and NZ Police</p> <p>Water Safety - Part of Swimming Lessons</p> <p>Contact Energy Swimming Lessons</p> <p>Access to Public Health Nurse for education needs based areas, i.e. head lice, hand washing, personal hygiene etc.</p> <p>Hygiene - handwashing, sanitiser, mask etiquette etc</p>
<b>Food and nutrition</b>	<p>Healthy Options Food In School</p> <p>Supervised Eating</p> <p>Life Education Trust Lessons</p> <p>Brain Food Breaks</p> <p>Breakfast Club</p> <p>In class nutrition education - 5+ a day,</p> <p>Lunchbox studies, Food pyramids etc</p>	<p>Garden to Table - from the garden to the plate</p> <p>Passion Projects - food elements and cookery (student agency/option needs based)</p> <p>Whai Hauora - well being and educational food choices component (needs based)</p> <p>Life Education Trust Lessons</p> <p>Supervised Eating</p> <p>Brain Food Breaks</p> <p>Breakfast Club</p> <p>In class nutrition education - 5+ a day,</p> <p>Lunchbox studies, food pyramids etc</p> <p>PaknSave - reading labels</p>
<b>Mental health</b>	<p>Life Education Trust Lessons</p> <p>RDA - Equine Therapy - Needs Based</p> <p>Seasons Grief Training - Needs Based</p> <p>Tails - Needs Based</p> <p>Travelling Productions - Multiple Topics</p> <p>We Thinkers</p> <p>Mindfulness Lessons</p> <p>Breathing Techniques</p> <p>Tapping (Calming Technique)</p> <p>Anti Bullying Week</p> <p>Teaching of School Values</p> <p>Transition Plans - Bright Beginners</p> <p>Brain gym- cross patterning exercises</p>	<p>Life Education Trust Lessons</p> <p>RDA - Equine Therapy - needs based</p> <p>Seasons Grief Training - needs based</p> <p>Tails - needs based</p> <p>Travelling Productions - multiple topics</p> <p>Zones of Regulation</p> <p>Mindfulness lessons</p> <p>Breathing techniques</p> <p>Anti Bullying Week</p> <p>Teaching of School Values</p> <p>Transition Plans - Moving On and Across the School</p>
<b>Outdoor education</b>	<p>Greening Taupō</p> <p>Bush School</p> <p>Bike Taupō - Bike Lesson</p> <p>Road Safety</p> <p>Back Field Excursions</p> <p>Trout Hatchery Education</p> <p>Chris Jolly Boat Experience with Tūwharetoaanga</p>	<p>Senior Day Trips and Overnight/Day Camps</p> <p>Greening Taupō</p> <p>Orienteering</p> <p>Cycle Safe Road Safety with Taupō District Council</p> <p>Back Field Excursions</p> <p>Trout Hatchery Education</p> <p>Chris Jolly Boat Experience with Tūwharetoaanga</p> <p>End of year class trips</p>



<b>Physical activity &amp; Sports Studies</b>	Daily Fitness SwimWell Swimming Lessons Kapa Haka and Ngāti Tūwharetoa Taiopenga Festival Ropu Have a Go Soccer Online Dance Tutorials Foundational Skills Lessons ie throwing and catching, kicking, hand eye coordination, run, jump throw etc Co-operative games and team building Sport Waikato taster sessions Cross country Junior Tabloids	Daily fitness, line dancing, kiwi sport fundamental skills, invasion/tag games, tapa wae School and Interschool Sports Days - athletics, swimming, cross country Optional Interschool Sporting Events- Rippa, T-Ball, Go Girls Cricket, Orienteering, Football Kiwi Sport / Sport Waikato Lessons Taster sessions with coaches - Ripper Rugby, T-Ball, Cricket, Go girls Cricket, Badminton, Orienteering, Touch, Golf, Hockey, Netball, Basketball etc. School Sports Teams - Netball, Basketball, Touch etc Kapa Haka and Ngāti Tūwharetoa Taiopenga Festival (2 groups) Dance NZ Made Online Dance Tutorials Co-operative games and team building Developing technique and using skills lessons ie kicking, passing, spatial awareness, hitting etc.
<b>Relationships &amp; Sexuality Education</b>	Playbase learning approach PB4L Lessons Linked to School Values Cool Schools Conflict Resolution Programme. Class Treaty Buddy Classes / Tuakana Teina Needs based Restorative Conversations / approaches. Life Education Trust Lessons Pae Pae Time - Tikanga Māori / Te Ao Māori KOS- Keeping Ourselves Safe (Police education program)	Cool Schools Conflict Resolution Programme Cool Schools Peer Mediation Training Pae Pae Time - Tikanga Māori / Te Ao Māori Life Education Trust Lessons Whai Hauora - with Blue Light and Peak Strength designed around Te Whare Tapa Wha, healthy relationships, health and wellbeing and overcoming challenges (needs based) Class Treaty Buddy Classes / Tuakana Teina Needs based restorative conversations / approaches KOS- Keeping Ourselves Safe (Police education program)
<b>Sexuality Education</b>	<p><i>We encourage Sexuality Education to be delivered by parents and whānau in your own homes in a way that fits for your family.</i></p> <p><i>Elements of Sexuality Education - body safety, body awareness, body parts (correct naming of parts), safe adults etc, are at times touched on within the Police Programme - Keeping Ourselves safe or within Life Education Trust Programmes with Harold. If these topics are going to be broached within the programmes, parents are informed with the topics, details and extent of the learning and can have their children removed.</i></p> <p><i>At times we access Public Health Nurses or other outside agencies to deliver messages for older students i.e. body change / image, peer pressure, menstrual cycles and products. This is opt in, and done with explicit parental consent. It is usually targeted at specific age appropriate groups if and when needed or if requests arise.</i></p>	

If you would like to provide any feedback, suggestions or thoughts around our Health and PE curriculum please follow this link to a google form

[Link to Feedback Form](#)

## Save the Date - Up and Coming Events

Monday 28 April	First day of Term 2
Tuesday 29 April	T-Ball Tournament Y5-6
Friday 9th May	Cupcake Day (items \$1 and \$2 each)
Tuesday 13th May	Delivery of pre-ordered ice blocks for fundraiser
Monday 12- 23 May	Swimming YO-2 AC Baths
Thursday 29 May	Senior School Swimming Sports AC Baths Y4-6
Monday 2 June	King's Birthday - no school
Thursday 5 June	Greening Taupō Day
Friday 6 June	<b>TEACHER ONLY DAY - Ministry of Education Curriculum Implementation PLD Day</b>
Friday 20 June	Matariki - no school
Friday 27 June	Last day Term 2
Monday 14 July	First day Term 3



**School Starts** at **9am**.  
**Student drop off** from **8.15am**.  
*Students are **not** to be dropped off or arrive before 8.15.*  
**School ends** at **3pm**.  
 Pick up at 3pm. Please be on time!

